



**Ebook Directory**  
the best source of ebook

**The book was found**

# **The Explicit Buddha: The Depths Of The Teaching For Awakening**

The  
Explicit  
Buddha

*The Depths of the Teachings  
for Awakening*

*Christopher Titmuss*



## Synopsis

Christopher Titmuss is a former Buddhist monk in Thailand and India, who offers retreats, pilgrimages and programmes worldwide for insight and awakening. Poet and social critic, he is the author of numerous books including *The Buddha of Love*, *The Mindfulness Manual* and *Poems from the Edge of Time*. He lives in Totnes, Devon, England. Christopher Titmuss offers an in-depth explanation of the Buddha's teachings suitable for those inquiring into life. The book consists of a collection of inter-related chapters addressing ethics, mindfulness/meditation and wisdom. He examines insight meditation (Vipassana), impermanence, suffering, non-self, spiritual friendship, karma, the realms of existence and the fake Buddha. Chapters also explain deep absorption (jhana) meditations, causality and liberation. The closing chapter clarifies the significance of complete awakening and its relevance for daily life.

## Book Information

File Size: 694 KB

Print Length: 318 pages

Simultaneous Device Usage: Unlimited

Publication Date: August 14, 2017

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B074TVHQ5M

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #441,031 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #65

in Kindle Store > Kindle eBooks > Religion & Spirituality > Buddhism > Theravada #173

in Kindle Store > Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Theravada #1035

in Kindle Store > Kindle eBooks > Religion & Spirituality > New Age > Meditation

[Download to continue reading...](#)

The Explicit Buddha: The Depths of the Teaching for Awakening Buddha's Belly : Recipes For An Enlightened Mind: Mindful and Healthy Eating Based on Buddha's Diet Philosophy. Asian Vegetarian Cookbook Meals to Connect ... Your Inner Soul (Buddha's Belly Series 1) Erotica for

Men with Explicit Sex: 80 Books: Slutty, Wanting & Forced, Dark, Rough, Explicit Taboo Romance  
Neighbor's Wife, and More... Buddha is As Buddha Does: The Ten Original  
Practices for Enlightened Living Buddha, Vol. 6: Ananda (Buddha (Paperback)) Buddha's Belly -  
Authentic Flavors From The East: Healthy, Flavorful Buddhist Recipes Cookbook from Nepal , Tibet  
, Bhutan , Myanmar, Laos , Cambodia. ... Consciously (Buddha's Belly Series 2) In the Buddha's  
Words: An Anthology of Discourses from the Pali Canon (The Teachings of the Buddha) Buddha  
Heart, Buddha Mind: Living the Four Noble Truths The Buddha's Teachings on Social and  
Communal Harmony: An Anthology of Discourses from the Pali Canon (The Teachings of the  
Buddha) The Middle Length Discourses of the Buddha: A Translation of the Majjhima Nikaya (The  
Teachings of the Buddha) The Long Discourses of the Buddha: A Translation of the Digha Nikaya  
(The Teachings of the Buddha) The Numerical Discourses of the Buddha: A Complete Translation  
of the Anguttara Nikaya (The Teachings of the Buddha) 12 Steps on Buddha's Path: Bill, Buddha,  
and We Explicit Instruction: Effective and Efficient Teaching (What Works for Special-Needs  
Learners) The Awakening of Faith in the Mahayana Doctrine: The New Buddhism & The Gospel of  
Buddha Mudras for Awakening Chakras: 19 Simple Hand Gestures for Awakening and Balancing  
Your Chakras: [ A Beginner's Guide to Opening and Balancing Your Chakras ] (Mudra Healing Book  
3) Book for kids: Awakening Of The Mobzilla: Mobzilla vs Steve & Herobrine (Minecraft Awakening  
1) Book for kids: Awakening Of The Wither King: Herobrine vs. Wither King (Minecraft Awakening 3)  
Book for kids: Awakening Of The Burning Godzilla (Minecraft Awakening 5) [ [ [ Awakening Osiris:  
The Egyptian Book of the Dead (English, Egyptian) [ AWAKENING OSIRIS: THE EGYPTIAN BOOK  
OF THE DEAD (ENGLISH, EGYPTIAN) ] By Ellis, Normandi ( Author )Dec-12-1991 Paperback

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)